

Video #1 – Sacraments 101 – Eucharist – 4:45 minutes

<https://www.youtube.com/watch?v=qdGkTdv4Dt4>

1. We are not _____, _____ or _____.

We are _____ our Lord Jesus in Holy Communion.

2. What is needed when receiving Holy Communion?

_____.

3. As Catholics, we believe that Jesus Christ is truly present in the Eucharist (Holy Communion)

How? a) _____ b) _____

c) _____ d) _____

4. What do you say before you receive Holy Communion after the priest or Eucharistic Minister says, "The Body of Christ"? _____

Video #2 – Sacraments 201 – Eucharist – 9:18 minutes

<https://www.youtube.com/watch?v=TMSiHGtBdGk>

- How does the bread and wine become the Body and Blood of Christ during the Mass?

- Are we re-enacting the last Supper during Mass?

- Can we use something other than bread and wine during Mass?

- Can you receive communion if you have committed a sin?

- Why can't non-Catholics receive communion at Mass?

- "The Eucharist is the source and summit of the Christian life". Explain what this statement means in your own words.

Video # 3 – Transubstantiation - 1:52 minutes

https://www.youtube.com/watch?v=TwWkRgB_1dw

- What does the word "trans" mean?

- What does the word “substant” mean?
- What does the word “iation” mean?
- What does the word “transubstantiation” describe?

- The “substance” of a thing refers to what we do not see – its essence. Therefore, what is the “substance” of a human person? (This answer is not in the video. Use your reasoning skills. Hint: The “substance” of a person is not flesh and bones.)

Parts of the Mass

<http://ourladyofhope.ca/wp-content/uploads/2021/01/Parts-of-the-Mass.pdf>